

# CARNIVALÉ 2023 SKILLS EXTENSION & ACCELERATED PERFORMANCE EXPERIENCE

CLASS	DESCRIPTION	DAY	TIME	STUDIO	\$
<b>PETITZ DIVISION (4 to 6 years)</b>					
S.O.S	BODYWISE - A DANCER'S RESCUE Cardio, Flexibility & Mindset	SATURDAY	1.00 - 1.45pm	DPCS	\$10.00
ACRO	S.O.S + Tumbling Acro Skills	SATURDAY	1.00 - 3.00pm	DPCS	\$25.00
<b>PETITZ SHOWBiZ KIDZ "SUPERSaturday" INTENSIVE</b> <i>(S.O.S + ACRO + POWER T.A.L.K Turns, Leaps &amp; Kicks and TROUPE SESSIONS)</i>		SATURDAY	1.00 - 5.00pm	DPCS	\$40.00
<b>MINIZ DIVISION (6 - 8 years)</b>					
S.O.S	BODYWISE - A DANCER'S RESCUE Cardio, Flexibility & Mindset	SATURDAY	1.00 - 1.45pm	DPCS	\$10.00
ACRO	S.O.S & Tumbling Acro Skills	SATURDAY	1.00 - 3.00pm	DPCS	\$25.00
<b>MINIZ SHOWBiZ KIDZ "SUPERSaturday" INTENSIVE</b> <i>(S.O.S + ACRO + POWER T.A.L.K Turns, Leaps &amp; Kicks and TROUPE SESSIONS)</i>		SATURDAY	1.00 - 5.00pm	DPCS	\$40.00
<b>SUB-JUNIOR'Z "SUB-J'Z" DIVISION (8 - 10 years)</b>					
S.O.S	BODYWISE - A DANCER'S RESCUE Cardio, Flexibility & Mindset	SATURDAY	1.00 - 1.45pm	DPCS	\$10.00
ACRO	S.O.S & Tumbling Acro Skills	SATURDAY	1.00 - 3.00pm	DPCS	\$25.00
<b>SUB-J'Z SHOWBiZ KIDZ "SUPERSaturday" INTENSIVE</b> <i>(S.O.S + ACRO + POWER T.A.L.K Turns, Leaps &amp; Kicks and TROUPE SESSIONS)</i>		SATURDAY	1.00 - 5.00pm	DPCS	\$40.00
<b>JUNIOR'Z "JNR'Z" DIVISION (10 - 12 years)</b>					
S.O.S	BODYWISE - A DANCER'S RESCUE Cardio, Flexibility & Mindset	SATURDAY	1.00 - 1.45pm	DPCS	\$10.00
ACRO	S.O.S & Tumbling Acro Skills	SATURDAY	1.00 - 3.00pm	DPCS	\$25.00
<b>JNR'Z SHOWBiZ KIDZ "SUPERSaturday" INTENSIVE</b> <i>(S.O.S + ACRO + POWER T.A.L.K Turns, Leaps &amp; Kicks and TROUPE SESSIONS)</i>		SATURDAY	1.00 - 5.00pm	DPCS	\$40.00
<b>INTERMEDIATE'Z "INT'Z" DIVISION (12 - 14 years)</b>					
S.O.S	BODYWISE - A DANCER'S RESCUE Cardio, Flexibility & Mindset	SATURDAY	1.00 - 1.45pm	DPCS	\$10.00
ACRO	S.O.S & Tumbling Acro Skills	SATURDAY	1.00 - 3.00pm	DPCS	\$25.00
<b>INT'Z SHOWBiZ KIDZ "SUPERSaturday" INTENSIVE</b> <i>(S.O.S + ACRO + POWER T.A.L.K Turns, Leaps &amp; Kicks and TROUPE SESSIONS)</i>		SATURDAY	1.00 - 5.00pm	DPCS	\$40.00
<b>WHAT'S IT ALL ABOUT?</b>					
<b>S.O.S</b>	<b>OUR S.O.S SESSION TO A DANCER'S RESCUE!</b> GET SET TO BE BODYWISE - train your body & your mind preparing you BOTH physically & mentally to excel				
<b>ACRO</b>	<b>TODAY'S DANCER NEEDS TO KNOW HOW TO DO IT ALL!</b> Cardio, Core, Flexibility and Mindset Coaching, Tumbling & Acro dance skills				
<b>SHOWBiZ KIDZ</b>	<b>CARNIVALÉ SHOWBiZ KIDZ "Talk the Talk"!</b> This intensive coaching workshop encompasses EVERYTHING a dancer needs S.O.S Bodywise Session, Acro Session and Turns, Leaps, Kicks Bootcamp Sessions with Troupe Rehearsal * part of the accelerated performance experience				
<b>CARNIVALÉ REP SQUAD</b>	<b>ARTIST INDUSTRY MENTORING "Stand Out From The Crowd" !</b> Soloist, Duo and Trio Mentoring Sessions Available Vocational Career Management Mentoring * part of the accelerated performance experience POA T&C's apply				